

Visit www.60SecondsToAFocusedLife.com to watch 11 free videos!

Tell **1** story each day
3 times a day, up to
60 seconds each day
 for **31** days.

31-Day Focused Life Story Calendar*

BY CHARLES E. WINBURN, M.ED.

LEARN HOW TO WRITE YOUR OWN STORY! SEE CHAPTER 38 IN 60 SECONDS TO A FOCUSED LIFE!

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| DAY 1 It is my divine and human right to have fun today. | DAY 2 It is my divine and human right to be happy today. | DAY 3 It is my divine and human right to walk in love and express my love today. | DAY 4 It is my divine and human right to walk in peace and be led by the Holy Spirit today. | DAY 5 It is my divine and human right to walk in knowledge, wisdom and the skill of God today. | DAY 6 It is my divine and human right to embrace serenity today. | DAY 7 It is my divine and human right to forgive myself and others today. |
| DAY 8 It is my divine and human right to trust today. | DAY 9 It is my divine and human right to be optimistic and have a great outlook on life today. | DAY 10 It is my divine and human right to release love, joy and peace in the universe and the earth today. | DAY 11 It is my divine and human right to feel bliss today. | DAY 12 It is my divine and human right to walk in the illumination and kindness of God today. | DAY 13 It is my divine and human right to inspire myself and be kind to self and others today. | DAY 14 It is my divine and human right to be harmonious today. |
| DAY 15 It is my divine and human right to walk in courage today. | DAY 16 It is my divine and human right to be merciful to self and others and show grace today. | DAY 17 It is my divine and human right to be free and walk in freedom today. | DAY 18 It is my divine and human right to live in the presence of God today. | DAY 19 It is my divine and human right to live, move and have my being in God today. | DAY 20 It is my divine and human right to renew my mind today. | DAY 21 It is my divine and human right to be more than a conqueror over my spiritual, health and mental life today. |
| DAY 22 It is my divine and human right to do all things through Christ who strengthens me today. | DAY 23 It is my divine and human right to pray and meditate in peace today. | DAY 24 It is my divine and human right to walk in the rest of God. I rest in God today. | DAY 25 It is my divine and human right to focus on what I want. I focus on happiness today. | DAY 26 It is my divine and human right to feel good every 60 seconds today. | DAY 27 It is my divine and human right to have great relationships today. | DAY 28 It is my divine and human right to prosper and walk in all the fullness of God's emotions today. |
| DAY 29 It is my divine and human right to be transformed and renewed in my heart today. | DAY 30 It is my divine and human right to walk in divine health and healing today. | DAY 31 It is my divine and human right to have plenty of money and materials to bless others today. | * It takes approximately 21 days to get rid of a negative vibration. In 31 days, you will have created for yourself a positive and life-changing emotional vibration. | | | |



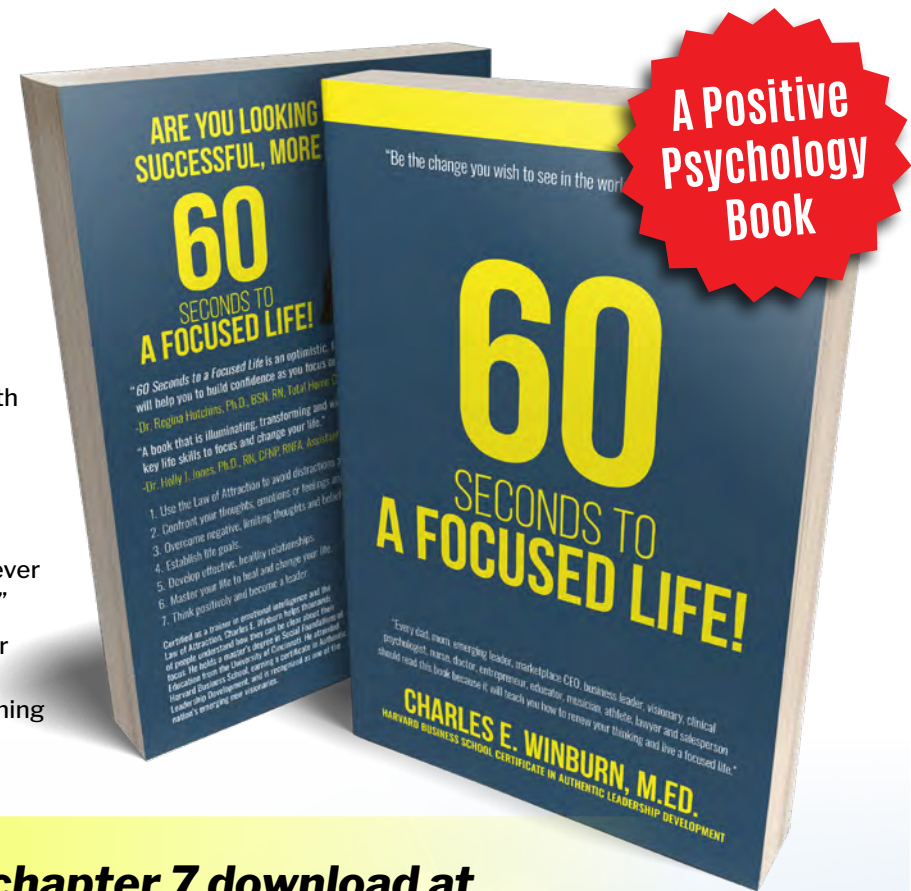
About 60 SECONDS TO A FOCUSED LIFE!

In his book *60 Seconds to a Focused Life!*, Charlie Winburn shares that after his mother died when he was 10 years old, he started using a focusing technique to get through 17 foster homes. This focusing technique helped Winburn graduate from high school and college and propelled him throughout his professional career. These techniques eventually aiding him as he had management and oversight of **billions in taxpayer dollars**.

The Cincinnati Enquirer, one of the most respected daily newspapers in the country, did an in-depth story on Winburn's life struggles. This story might have been read by more than 600,000 readers on Sunday, November 20, 2011. The title of the story is "The Long, Hard Path to Being Charlie Winburn," by Krista Ramsey.

This story told how Winburn's harsh path helped him find himself. During his childhood and adolescent days, he was using the Law of Attraction techniques and didn't even know it. He used them to focus on happiness, excitement, and enthusiasm to get through the hard times. As Winburn stated in the article, "If I had not experienced these very difficult times in life, I never would have found happiness. I moved from a whirlwind of chaos and conflict to a focused life."

In this third book by Charlie Winburn, he put together 37 chapters designed to help the reader eliminate negative emotions and limiting beliefs and memories, preparing them for the final chapter of the book. "Chapter 38 is designed to help the reader pull their life together by learning how to tell a 60 Second Focused Life story," Winburn said.



Life Coach CHARLIE WINBURN

Charles Winburn is available for life **coaching, workshops, speaking, group studies, panel discussions, book-signings** and other events to explore and apply the concepts contained in his book *60 Seconds to a Focused Life!*

Winburn offers company and corporate training for senior staff and employees in the following areas:

- Authentic Leadership Development Training
- Emotional Intelligence Training
- Whole Brain/Herrmann Brain Dominance Instrument (HBDi) Training
- 60 Seconds to a Focused Life Training

Leadership Concepts also can help you secure several types of financing to grow your company or business.

- Two levels of funding available for qualified CEO's, businesses, and residential/commercial developers: **\$150K-\$24M**
- For major/mega projects and initiatives: **\$100M-\$10B**

Contact Charlie Winburn at 513-884-7832.

Free chapter 7 download at
60SecondsToAFocusedLife.com
Chapter 7 is dedicated to the billions of
children and adults in the USA and the
world who suffer from childhood trauma.

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